

Benedict's Law statutory guidance takes effect 1 September 2026

Anaphylaxis & Allergy Awareness Training for School Staff

From 1 September 2026, new statutory guidance requires **every school in England to train all staff** in allergy awareness and emergency response — and it states plainly that a first aid certificate alone is not appropriate training. With two allergic children in the average classroom, this is now a named senior leader's responsibility, checked at inspection.

Essex Medical Training delivers the whole requirement **on your site, in one hour per staff group** — INSET day, twilight or extended staff meeting — delivered by NHS-experienced clinical instructors from our Battlesbridge training centre. Rated 4.9★ on Google.

What the session covers

- Recognising allergic reactions and anaphylaxis — including how children actually describe symptoms
- The emergency response: adrenaline auto-injectors, 999, positioning, second doses and aftercare
- **Hands-on practice for every attendee** with EpiPen and Jext trainer devices — the first time your staff handle one should never be in a real emergency
- Your school's spare AAI kit, storage and expiry checks, allergy action plans and individual healthcare plans
- Certificate of attendance for every member of staff, plus a training register copy for your inspection evidence file

How it maps to the statutory guidance

The guidance requires	How this session delivers it
Allergy awareness training for ALL staff — teaching, support and supply	Whole-group format, up to 30 staff per session; run two back-to-back to cover everyone including lunchtime and club staff
Staff able to recognise anaphylaxis and respond, including using an AAI	Recognition training plus supervised hands-on AAI practice for every attendee
'A first-aid certificate does not constitute appropriate training'	A dedicated allergy-specific syllabus — not a bolt-on to a first aid course
Training 'typically annual'	Annual refresh programme with automatic booking reminders
Spare adrenaline auto-injectors stocked and accessible	Covered in session: the legal pharmacy purchase route for schools, storage and a monthly expiry-check routine
A whole-school allergy policy, published and annually reviewed	Covered in session: what the guidance requires your policy to include, signposted to the official national model documents
Individual healthcare plans for pupils with allergies	Covered in session, using the nationally published allergy action plan formats for illustration

Pricing

Option	Price
Single session — up to 30 staff, 60 minutes, on your site	£345
Twilight double — two back-to-back sessions, up to 60 staff, one visit	£595
SEPTEMBER OFFER — single session booked by 30 September 2026	£295

All prices include travel throughout Essex, all training equipment and a certificate for every attendee. Multi-school and trust rates available on request.

Deeper training for key staff

Many schools pair the whole-staff session with regulated qualifications for designated staff — we deliver all of these at your site or ours: **Paediatric First Aid (RQF Level 3)**, the 2-day Ofsted/EYFS-compliant qualification for early years and primary staff, and **Emergency First Aid at Work / First Aid at Work (RQF Level 3)** for your designated first aiders.

Book your staff in now

September dates are limited and INSET slots go first. Call **0330 332 5616**, email **admin@essexmedicaltraining.co.uk**, or visit **www.essexmedicaltraining.co.uk/allergy-awareness-training-schools**.

This awareness session is designed to meet the staff-training expectations of the DfE statutory guidance; it is not a regulated qualification and no training provider is individually 'approved' by the DfE. School policies, individual healthcare plans and allergy action plans remain the school's own documents and responsibility; our training signposts the official national guidance and model documents.